



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

PRE-CONFERENCE REGISTRATION & WORKSHOPS

Tuesday, September 13

8:00 a.m. – 5:00 p.m.	Conference Registration Open
9:00 a.m. – 5:00 p.m. Participants: 67	<p>Trauma Informed Learning Collaborative Gateway East <i>Presenters: Raul Almazar and Marsha Morgan</i> <i>Facilitator: Marsha Morgan & Katie Horstman</i></p> <p>This learning collaborative training will help organizations understand the high prevalence of trauma in the people served, in the workforce and in organizations in general. We will understand how the effects of trauma play out in the organization and in the neurobiological functions of individuals. We will discuss the Adverse Childhood Experience Study and use this framework for integrating behavioral and somatic health. The SAMHSA principles of trauma informed approaches will be discussed and practical strategies for implementation will be explored. The participants will identify challenges for implementation and begin the action planning for implementation.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> • Participants will understand the effects of trauma and implications for organizational culture shift. • Participants will identify strategies and priorities for creating a trauma informed organization. • Participants will create initial action steps for implementing trauma informed approaches. <p>A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector</p>



2016 Annual Conference
 St. Louis, Missouri, September 13-16

AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
 Hyatt Regency
 St. Louis, Missouri

<p>1:00 p.m. – 5:00 p.m. Participants: 20</p>	<p>DLA-20© Assessment Training (Adult-Mental Health) Regency B <i>Presenter: Annie Jensen, MSW, LCSW, MTM Services</i></p> <p>If you don't measure improvement you could be fooling yourself. The DLA-20 will create patient centered outcome measures for your organization. Participate in this training on how to score the DLA-20 and the benefits in both behavioral healthcare and integrated healthcare settings, as well as how to use the DLA-20 to support treatment planning and service delivery. Participants who attend this session will receive certification to utilize the Adult DLA-20 functional assessment tool as part of their practice. This course is recommended for individuals who are new to the DLA-20, and for those who are interested in a refresher course and question and answer time.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> • Participants will learn why functional assessments are in the forefront of audits and accountability. • Participants will learn to shift the assessment focus from signs and symptoms to how the signs and symptoms are impacting the ability of the consumer to function in daily living activities. • Participants will review criteria for scoring the DLA-20 (copyrighted) and participate in scoring a consumer's functional assessment to ensure reliability and validity with the DLA-20. • Participants will examine the utility of functional assessment data for administration, program staff and consumer satisfaction with outcomes. • Participants will learn how to use the DLA-20 to "Pull the Golden Thread" through assessments, treatment planning, progress notes and track outcomes. • Participants will learn how the DLA-20 can support inter-rater reliable functionality measurement across medical and clinical providers. <p><i>Audience: Addiction Clinical, Mental Health Clinical, Clinical Management</i> A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector</p>
---	---



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

Wednesday, September 14	
8:00 a.m. – 5:00 p.m.	Conference Registration Open
10:00 a.m. – 4:00 p.m. Participants: 72	<p>Nurse Care Manager Learning Collaborative Grand A <i>Scott Kerby, LQMHP, Scott Kerby Consulting</i> <i>Facilitator: Kim Yeagle, Missouri Coalition for Community Behavioral Healthcare</i></p> <p>The Nurse Care Managers will be having a round table discussion during the first portion of the Learning Collaborative to discuss important issues and topics regarding Healthcare Home.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> • Participate in discussions with their peers around road blocks to complete their job duties as Nurse Care Managers. • Participants will gain a better understanding of policies and procedures regarding Healthcare Home. • Learn about new strategies to advance integration in their agencies. <p>This 3.5 hour training for nurses and healthcare professionals will introduce the core concepts of Motivational Interviewing (MI) and several practical skills that can be used right away by attendees. MI is an evidence based practice that has proven to be very effective in brief interactions related to discussions about behavior change including smoking, weight management, diabetes, and medication management.</p> <p>Training Objectives:</p> <ul style="list-style-type: none"> • Understand the basics of motivational interviewing and how it applies in the medical setting. • Recognize behaviors done by medical professionals that actually make change less likely to happen for our patients, as well as behaviors that make change much more likely to occur. • Learn several specific approaches and skills to be practiced that will allow patients to increase their own motivation for change and commitment to change. <p>A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Laptop Audio, Handheld microphone</p>



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

<p>12:30 p.m. – 4:30 p.m. Participants: 39</p>	<p>Show-Me Zero Suicide 101 Training Regency C <i>Presenters: Bart Andrews, PhD, Behavioral Health Response; Debbie Fitzgerald, Ozark Center; and Jacque Christmas, Missouri Department of Mental Health</i> <i>Facilitator: Christine Patterson, PhD, Missouri Coalition for Community Behavioral Healthcare</i> This session is designed for those who are beginners to the concept of zero suicide as well as people who have attended the zero suicide academies. Resources will be discussed for those agencies new to the program. Representatives from the three phases of Show Me Zero Suicide in Missouri will share their successes and challenges. Finally, participants will gain a deeper appreciation for the role of lived experience in suicide prevention. Learning Objectives:</p> <ul style="list-style-type: none"> • Will be provided an introduction to the concept of zero suicide. • Learn how agencies across the state have implemented zero suicide • Recognize the role of lived experience in suicide prevention. <p>A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector</p>
<p>9:00 a.m. – 5:00 p.m. Participants: 22</p>	<p>Case to Care (Youth Population) Regency A <i>Presenter: Joan King, National Council for Behavioral Health</i> <i>Facilitator: Jennifer Shearin, Student, MU School of Social Work</i> As health care reform advances and health homes become the norm, behavioral health case managers are in demand — and required to expand their capacity in health care navigation, build on existing skills in health behavior change, and gain a better understanding of the common health problems and basic interventions for individuals with serious mental illness and those with chronic health problems. The National Council’s Case Management to Care Management training is a key strategy to positioning your organization in the changing health care landscape. Learning Objectives:</p> <ul style="list-style-type: none"> • National Forces Driving Change • Conceptual framework for change: health homes, chronic care model • The role of case managers in supporting health care navigation • The physical health needs of people with behavioral health challenges • Diabetes and heart disease: key issues, key interventions • Skills to support health behavior change • Rapid cycle change principles applications for health behavior change, goal planning and documentation • Self-assessment of individual practice <p><i>Audience: Addiction Clinical, Mental Health Clinical, Clinical Management</i> A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, flipchart and markers</p>



2016 Annual Conference
 September 13-16, 2016
 Hyatt Regency, St. Louis

AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
 Hyatt Regency
 St. Louis, Missouri

<p>8:00 a.m. – 12:00 p.m. Participants: 9</p>	<p>DLA-20© Assessment Training (Youth) Regency B <i>Presenter: Annie Jensen, MSW, LCSW, MTM Services</i></p> <p>If you don't measure improvement you could be fooling yourself. The DLA-20 will create patient centered outcome measures for your organization. Participate in this training on how to score the DLA-20 and the benefits in both behavioral healthcare and integrated healthcare settings, as well as how to use the DLA-20 to support treatment planning and service delivery. Participants who attend this session will receive certification to utilize the Adult DLA-20 functional assessment tool as part of their practice. This course is recommended for individuals who are new to the DLA-20, and for those who are interested in a refresher course and question and answer time.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> • Participants will learn why functional assessments are in the forefront of audits and accountability. • Participants will learn to shift the assessment focus from signs and symptoms to how the signs and symptoms are impacting the ability of the consumer to function in daily living activities. • Participants will review criteria for scoring the DLA-20 (copyrighted) and participate in scoring a consumer's functional assessment to ensure reliability and validity with the DLA-20. • Participants will examine the utility of functional assessment data for administration, program staff and consumer satisfaction with outcomes. • Participants will learn how to use the DLA-20 to "Pull the Golden Thread" through assessments, treatment planning, progress notes and track outcomes. • Participants will learn how the DLA-20 can support inter-rater reliable functionality measurement across medical and clinical providers. <p><i>Audience: Addiction Clinical, Mental Health Clinical, Clinical Management</i> A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector</p>
---	---



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

<p>1:00 p.m. – 5:00 p.m. Participants: 5</p>	<p>DLA-20© Assessment Training (Adult-AOD) Regency B <i>Presenter: Annie Jensen, MSW, LCSW, MTM Services</i> If you don't measure improvement you could be fooling yourself. The DLA-20 will create patient centered outcome measures for your organization. Participate in this training on how to score the DLA-20 and the benefits in both behavioral healthcare and integrated healthcare settings, as well as how to use the DLA-20 to support treatment planning and service delivery. Participants who attend this session will receive certification to utilize the Adult DLA-20 functional assessment tool as part of their practice. This course is recommended for individuals who are new to the DLA-20, and for those who are interested in a refresher course and question and answer time. Learning Objectives:</p> <ul style="list-style-type: none"> • Participants will learn why functional assessments are in the forefront of audits and accountability. • Participants will learn to shift the assessment focus from signs and symptoms to how the signs and symptoms are impacting the ability of the consumer to function in daily living activities. • Participants will review criteria for scoring the DLA-20 (copyrighted) and participate in scoring a consumer's functional assessment to ensure reliability and validity with the DLA-20. • Participants will examine the utility of functional assessment data for administration, program staff and consumer satisfaction with outcomes. • Participants will learn how to use the DLA-20 to "Pull the Golden Thread" through assessments, treatment planning, progress notes and track outcomes. • Participants will learn how the DLA-20 can support inter-rater reliable functionality measurement across medical and clinical providers. <p><i>Audience: Addiction Clinical, Mental Health Clinical, Clinical Management</i> A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector</p>
---	---

AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri



9:00 a.m. – 12:00 p.m.
Participants: 22

Professional Ethics in a Rapidly Changing Practice Landscape | Grand B

Presenter: Richard Nance, MSHHA, MSW, LCSW, Utah County Dept. of Drug and Alcohol Prevention and Treatment

Facilitator: Unknown at this time

Mental Health Parity & Addiction Equity Act. Patient Protection & Affordable Care Act. Health Insurance Portability & Accountability Act. Health Information Technology for Economic & Clinical Health Act. 42 CFR Part 2. Facebook. Twitter. Snapchat. Instagram. How do you stay on top of and balance ethical issues in a rapidly changing professional practice landscape when all the features of that landscape are far from settled? This presentation will touch on issues related to these forces on the ethics of clinical practice in the field of substance use disorders, and offer resources and tools to help analyze, cope, and adapt to current and future issues.

Learning Objectives:

- List several issues confronting agencies requiring new or updated ethics policies.
- Analyze ethical issues that arise in your agency and practice, as well as formulate an ethical response to each situation.
- Categorize common ethical problems, and produce basic policy and philosophy statements appropriate to your agency or practice.
- Identify basic components of a social media policy governing ethical staff use of text messaging, Facebook, Instagram, Twitter, and other social media platforms.
- Locate resources and references to support professional and program ethics specific to your agency, the various professions employed by your agency, and ethics requirements specific to your state.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management, Human Resources

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Handheld microphone, flipchart and markers

AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri



1:00 p.m. – 4:00 p.m.
Participants: 13

Evidence-Based Treatments to work with Substance Using Youth in a Juvenile Justice System | Grand B

Presenters: Catherine McNeilly, PsyD and James Maltzahn, Adler University

Facilitator: Morgan Jones, Student, MU School of Social Work

This workshop is designed to give an overview of evident based treatments for practitioners working with substance abusing juvenile. The presentation will include treatments for teens while they are incarcerated as well those on probation or parole. These treatments are designed to address complex syndromes that are present in this population, including dual diagnosis. Gambling and school challenges. Treatment options will primarily focus on Motivational Interviewing and adaptations that have been made to improve impact, as well as other evidence-based methods of treatment.

Learning Objectives:

- Identify 2-4 evidence based treatments for juvenile offenders with substance abuse problems.
- Understand how Motivational Interviewing is modified for effective treatment of this population.
- Describe challenges in addressing multiple problematic behaviors with a single treatment model.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Handheld microphone, flipchart and markers



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

DAY 1	
Thursday, September 15	
7:00 a.m. – 5:00 p.m.	Conference Registration Open
7:30 a.m. – 8:30 a.m.	Continental Breakfast & Exhibitors Open
8:30 a.m. – 9:00 a.m.	<p>Welcome and Opening Remarks Hosts <i>Brent McGinty, President/CEO, Missouri Coalition for Community Behavioral Healthcare & Sara Howe, CEO, Illinois Association for Behavioral Health</i> Missouri <i>Mark Stringer, Director, Missouri Department of Mental Health and Joe Parks, MD, Director, MO HealthNet Division, Missouri Department of Social Services</i> Illinois <i>James Dimas, Secretary, Illinois Department of Human Services</i></p>
9:00 a.m. – 10:30 a.m.	<p>Keynote: Federal Outlook on Behavioral Health Issues: Perspectives from the National Council Grand Ballroom <i>Presenter: Linda Rosenberg, National Council for Behavioral Health</i> <i>Facilitators: Mark Miller, MO Coalition Board Chair, Swope Health Services</i> Linda Rosenberg, CEO National Council for Behavioral Health, will discuss the intersection of the Political and public policy climate in Washington, D.C., relating to behavioral health issues. Chuck will also speak to the key strategic initiatives driving the National Council’s public policy and advocacy.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> • Audience will hear opportunities to strengthen and enhance the nation’s behavioral health system. • Audience will understand the challenges created in the new healthcare environment. • Audience will learn ways to advocate to ensure the full continuum of mental health and addiction services are available in all communities.
BREAK (15 min.) Visit Exhibitors	



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

11:00 a.m. – 12:15 p.m. | SESSION 1 WORKSHOPS

Burnout: Causes and Prevention | Grand B | Participants: 28

Presenter: Pat Nemec, PsyD, CRC, CPRP, Psychiatric Rehabilitation Trainer and Consultant

Facilitator: Unknown at this time

Work in behavioral health often provides the definition of stress—required exertion exceeds available resources. This workshop will describe signs and causes of stress at work, how and when work stressors lead to burnout, and effective techniques for preventing and managing stress at work.

Learning Objectives:

- Define burnout.
- Identify causes of burnout in behavioral health workers.
- Describe at least four methods for preventing and managing work stress.
- Identify one personal stress management strategy to try, use, or improve.

Audience: All

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Handheld microphone

The Bad Kids Documentary | Gateway East | Participants: 40

Presenter: Vonda Viland, Black Rock High School (CA) Principal

Facilitator: Allyson Ashley, Burrell Behavioral Health

The Bad Kids is an observational documentary that chronicles one extraordinary principal's mission to realize the potential of these students whom the system has deemed lost causes. Employing a verité approach during a year at the school, the film follows Principal Vonda Viland as she coaches three at-risk teens—a new father who can't support his family, a young woman grappling with sexual abuse, and an angry young man from an unstable home—through the traumas and obstacles that rob them of their spirit and threaten their goal of a high school diploma.

Learning Objectives:

- Participants will learn how trauma impacts learning.
- Participants will hear about strategies to engage schools within their communities to address the issue of trauma and learning.
- Participants will hear about how the staff at Blackrock deal with compassion fatigue.

Audience: All

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Laptop audio, Handheld microphone



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

Developing Strategies for a Stronger Peer Workforce: Lessons Learned and Future Vision | Mills 6 | Participants: 19

Presenter: Joan King, National Council for Behavioral Health

Facilitator: Marnice Willis, Intern, Missouri Coalition for Community Behavioral Healthcare

The data on the importance of peer support and the effectiveness of the peer workforce continues to accumulate. Yet many organizations struggle with developing this critical role. This workshop will focus on the potential for the peer role, barriers to full implementation and strategies for success.

Learning Objectives:

- Discuss current research into the effectiveness of peer staff.
- List three barriers to implementation of peer staff and strategies to address them.
- Describe three potential functions/roles for peer staff.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management, Human Resources

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, flipchart and markers

Addiction and Equal Opportunity Employers, Addiction in Licensed Health Care Providers | Mills 9 | Participants: 9

Presenter: William Kane, DDS, MBA, Missouri Dental Association Well Being Foundation

Facilitator: Cindy Davis, Missouri Coalition for Community Behavioral Healthcare

Addictive diseases are common in all walks of life, and are no respecter of educational, financial, or social status. Addictive diseases do occur in health care professionals and it is the same disease however health care professional's addictive diseases are uniquely different. It has been suggested that addictive diseases actually have a higher prevalence than the general population. This presentation will address the factors that make addiction in health care providers different and address the issue of prevalence.

Learning Objectives:

- Overview of addiction/addictive diseases.
- The ways addictive diseases may differ in health care professionals.
- Understand the actual prevalence of addictive diseases in health care professionals.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Laptop Audio



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

Trauma Informed: What this looks like in an agency setting | Mills 1 | Participants: 25

Presenter: Amy Wobbe, MA, LPC, BJC Behavioral Health

Facilitator: Unknown at this time

Agencies today are working hard to become trauma informed. With the prevalence of trauma in society and within the population we service, becoming trauma informed is a pertinent component of our agency development. This presentation will provide guidance through some of the obstacles as agencies work to become trauma informed.

Learning Objectives:

- Gain fundamental knowledge of the impact of trauma and the effect it has on mental health and those who provide those services.
- Establish approaches that are trauma aware/sensitive within their settings to address the nature of trauma.
- Discuss individual strategies that incorporate knowledge of the physical effects trauma has on mental health population, and how this impacts recovery.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Laptop Audio, flipchart and markers

Community-Based Crisis Stabilization Services for Youth and Young Adult: A Research Informed Application for ICPR | Grand C | Participants: 27

Presenter: Ryan Lindsay, St. Louis Center for Family Development, LLC

Facilitator: Jami Obermann, Student, MU School of Social Work

Community-Based Crisis Stabilization Services is a research-informed unique application of Intensive Community Psychiatric Rehabilitation. This approach integrates Motivational Interviewing, key cognitive and behavioral skill building, and a family systems approach to stabilizing youth, young adults and families. In addition, the tenets of a trauma-informed approach lay the groundwork for the development of this approach. This session will provide an overview of the program, specific applications for multiple populations, and outcomes collected over the past 7 years.

Learning Objectives:

- Participants will be able to articulate the components of the Community-Based Crisis Stabilization Services program.
- Participants will be able to understand the impact of this program on the populations it has served.
- Participants will be able to see how the program components lead to stabilization in an effective manner.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Handheld microphone, Laptop Audio, flipchart and markers



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

Recovery & Resiliency Oriented Employment Services | Mills 3 | Participants: 25

Presenter: David Lynde, MSW, Mental Health Services Consultant

Facilitator: Bianca Farr, Missouri Department of Mental Health

Our knowledge regarding the importance of facilitating resiliency and supporting recovery for people who have a mental illness and have personal goals related to their careers, including employment, continues to expand. This session will expose participants to some important strategies and concepts to consider in providing recovery and resiliency oriented employment services.

Learning Objectives:

- Participants will be able to provide a working definition of resiliency and recovery.
- Participants will identify at least two characteristics that enhance resiliency in young adults.
- Participants will describe the important role that recovery and resiliency oriented services occupy in helping people with their employment and careers.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management, Human Resources

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, flipchart and markers

DLA-20® Roundtable Discussion | Mills 7 | Participants: 11

Presenters: Peter Engle, MA and Donna Madden, MSW, LCSW, Independence Center; Sharon Spruell, MA, LPC, CCDP-D, Allison Rubin, MEd, LPC, and William Letterman, MSW, LCSW, BJC Behavioral Health

Facilitator: Unknown at this time

This presentation is an opportunity to learn results from the completion of the DLA20 in organizations to stimulate discussion about similarities and differences amongst providers and staff administering the tool. The presentation will address potential challenges with the use of the DLA20. Organizations will share service delivery approaches based on DLA20 scores. A discussion will follow amongst those attending about what can be learned from the use of the DLA20.

Learning Objectives:

- What are Missouri provider organizations learning about their administration of the DLA20?
- Does the DLA20 have any gaps in its use and how might those gaps be overcome?
- Have Missouri Provider Organizations identified new strategies for service delivery based on DLA20 scores/outcomes?

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

Adjusting Over Time: Coping with Changes to the Overtime Exemptions | Mills 8 | Participants: 14

Presenter: AJ Weissler, Attorney, Husch Blackwell

Facilitator: Misty Snodgrass, Missouri Coalition for Community Behavioral Healthcare

This presentation will examine the pending increase in the salary threshold for the “white collar” overtime exemptions under the Fair Labor Standards Act (“FLSA”). In addition to addressing the specifics of the changes contained in the new regulations, the presentation will weigh different strategies for compliance with those standards, consider how the changed regulations present opportunities for enhancing over-all wage-and-hour compliance, and discuss potential future changes to the exemptions.

Learning Objectives:

- Provide an in-depth understanding of the pending changes to the DOL’s “white collar” overtime exemptions.
- Examine multiple strategies for complying with new standards and opportunities presented by change in regulations.
- Discuss potential changes to other provisions in the DOL’s “white collar” overtime exemptions.

Audience: Clinical Management, Executive Management, Human Resources

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Laptop Audio

Street Drug Pharmacology Update 2016 | Grand A | Participants: 40

Presenter: Randall Webber, MPH, CADC, JRW Behavioral Health Services

Facilitator: Morgan Jones, Student, MU School of Social Work

This workshop will provide participate with updated information regarding the pharmacology of illicit and prescription drugs. Particular emphasis will be placed on heroin and other opioid substances and on synthetic and emerging drugs.

Learning Objectives:

- Identify new knowledge related to the pharmacology of illicit and prescription drugs.
- Describe the effects, medical consequences and withdrawal symptoms associated with heroin and prescription opioids.
- List at least three synthetic and emerging drugs of abuse.
- Describe the effects of at least three synthetic and emerging drugs.

Audience: All

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Handheld microphone, Laptop Audio



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

The Opioid Crisis: Implementation of Substance Use Treatment into Integrated Primary and Behavioral Health Care | Parkview | Participants: 57

Presenters: Amanda Brooks, LCSW,CADC, and Kathleen McDonough, MD, PCCC Community Wellness Center

Facilitator: Samantha Huff, Student, MU School of Social Work

Integrating mental health services into primary care clinics improves patient satisfaction, provider satisfaction, patient outcomes, and decreases health care costs. Placing mental health and substance abuse (MH/SA) professionals on the front lines of primary care alongside physicians to deliver consultative MH/SA healthcare allows for a shift toward a population-based approach, and thus increases access to more individuals. However, lack of timely access to addiction professionals, specifically DATA Waiver physicians who can prescribe buprenorphine, significantly impacts engagement in addiction treatment. From 2007-2012, the state of Illinois decreased its treatment capacity for alcohol and other drug abuse (AODA) treatment by 52%, making it the number one treatment capacity decline in the United States. In 2004, more than 1.2 million Illinois residents suffered from a substance use disorder (SUD), of which only about 10 percent received treatment, and approximately 266,000 individuals were managing co-occurring substance use and mental health disorders, of which only 6 percent received care for both. With the expansion of access to affordable healthcare that includes substance abuse treatment as an essential health benefit, community health centers are faced with the daunting responsibility of expanding comprehensive medical and behavioral health services to include the treatment of an SUD. The complicated risk factors associated with the opiate-dependent patient create both organizational and provider challenges to offering expanded access to care. Presenters will outline essential components of State and Federal regulations needed to navigate implementation and integration of opioid treatment into primary care. Additionally, they will review best practices in integrating SUD services into the established behavioral health and primary care model.

Learning Objectives:

- Understanding of State and Federal regulations for medication assisted treatment.
- Tools for considerations of safety and risk management for treatment of the opiate dependent patient.
- Practical applications for the integration of substance abuse treatment into the integrated primary care and behavioral health model.
- Outcome measures and provider satisfaction.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Handheld microphone

12:30 p.m. – 12:45 p.m.

LUNCH



2016 Annual Conference
 September 13-16, 2016
 Hyatt Regency St. Louis

AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
 Hyatt Regency
 St. Louis, Missouri

12:45 p.m. – 1:30 p.m.	<p>Lunch Keynote: The Impact of Listening... Grand Ballroom <i>Presenters: Kevin Briggs and Kevin Berthia</i> <i>Facilitators: David Gomel, PhD, Board Chair, Illinois Association for Behavioral Health</i></p> <p>Ten years ago in March 2005, Kevin Berthia wanted to take his life. He had climbed over the railing of the Golden Gate Bridge and was prepared to take a fatal jump into the San Francisco Bay when he heard a voice calling out to him from above. It was the voice of California Highway Patrol (CHP) Officer Kevin Briggs. The two talked for 60 life-changing minutes before Berthia decided to climb back up the bridge and give life another chance.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> • Participants will learn best practices for suicide prevention. • Participants will learn how to assess suicide risk in individuals. • Participants will learn how to engage individuals with lived experience of suicide attempts to support recovery and growth.
------------------------	--

BREAK (15 min.) | Visit Exhibitors

1:45 p.m. – 3:00 p.m. | SESSION 2 WORKSHOPS

<p>The Developing and Expanding Role of Nursing in Integrated Care Mills 6 Participants: 32 <i>Presenter: Joan King, National Council for Behavioral Health</i> <i>Facilitator: Unknown at this time</i></p> <p>Across the country nurses are being incorporated into community behavioral health programs in new ways. This workshop will focus on critical roles for nurses on multi-disciplinary teams and how those functions can be implemented.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> • List four potential functions of nurses in behavioral health. • Describe the knowledge base that nurses bring to multi-disciplinary teams. • List potential roles for nursing within their organizations. <p><i>Audience: Addiction Clinical, Mental Health Clinical, Clinical Management, Executive Management, Human Resources</i></p> <p>A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, flipchart and markers</p>



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

Movie Showing: Bad Kids Documentary | Gateway East | Participants: 50

Facilitator: Allyson Ashley, Burrell Behavioral Health

The Bad Kids is an observational documentary that chronicles one extraordinary principal's mission to realize the potential of these students whom the system has deemed lost causes. Employing a verité approach during a year at the school, our film follows Principal Vonda Viland as she coaches three at-risk teens—a new father who can't support his family, a young woman grappling with sexual abuse, and an angry young man from an unstable home—through the traumas and obstacles that rob them of their spirit and threaten their goal of a high school diploma.

Learning Objectives:

- Participants will learn how trauma impacts learning.
- Participants will hear about strategies to engage schools within their communities to address the issue of trauma and learning.
- Participants will hear about how the staff at Blackrock deal with compassion fatigue.

Audience: All

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Handheld microphone, Laptop Audio

First Episode of Psychosis and Early Signs of MI and the Importance of Family Support | Parkview | Participants: 46

Presenters: Melissa Smyser, Luann Reese and JJ Gossra, MSW, LCSW, MO Department of Mental Health

Facilitator: Jami Obermann, Student, MU School of Social Work

This presentation provides a special focus on the first episode of psychosis and prodromal phase patient population. Specific strategies are provided to assist in the treatment and support of young adults experiencing early mental illness and psychotic symptoms and their families. Emphasis is on the integral role of the family support provider.

Learning Objectives:

- Identify unique characteristics of first episode of psychosis.
- Describe the implications on effective community support and treatment.
- Understand the role of the family support professional as it pertains to individuals experiencing FEP or early signs and symptoms of psychosis.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Handheld microphone

AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

Gender Specific Integrated SUD Treatment for Women | Mills 9 | Participants: 15

Presenter: Natalie Fornelli, MO Department of Mental Health

Facilitator: Rachelle Glavin, Missouri Coalition for Community Behavioral Healthcare

This presentation addresses the gender-specific treatment needs of women with SUD and co-occurring mental and/or physical health conditions. Integrated treatment is vital to the whole health of women and should be addressed in every treatment setting. It is important to provide care coordination among the different specialty providers to ensure that treatment is holistic. Women with SUD face gender-specific health concerns including gynecological and reproductive issues. Heart disease is the number one killer of women in the U.S. and as healthcare providers we need to address all health needs of women in treatment.

Learning Objectives:

- Participants will be able to list the most common co-occurring disorders in women with SUDs.
- Participants will be able to explain the impact of co-occurring on treatment/recovery and identify three factors to consider in working with women with SUD.
- Participants will be able to describe integrated treatment for co-occurring disorders (CODs) and common accommodations that allow for more effective services.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Laptop Audio

Keynote Follow-Up: The Impact of Listening... | Grand B | Participants: 30

Presenters: Kevin Briggs and Kevin Berthia

Facilitator: Christine Patterson, PhD, Missouri Coalition for Community Behavioral Healthcare

Ten years ago in March 2005, Kevin Berthia wanted to take his life. He had climbed over the railing of the Golden Gate Bridge and was prepared to take a fatal jump into the San Francisco Bay when he heard a voice calling out to him from above. It was the voice of California Highway Patrol (CHP) Officer Kevin Briggs. The two talked for 60 life-changing minutes before Berthia decided to climb back up the bridge and give life another chance. This session will follow the morning keynote and offer the audience an opportunity to dialogue further with the presenters.

Learning Objectives:

- Participants will learn best practices for suicide prevention.
- Participants will learn how to assess suicide risk in individuals.
- Participants will learn how to engage individuals with lived experience of suicide attempts to support recovery and growth.

Audience: All

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Handheld microphone



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

Parenting from a Place of Trauma/Direct Service Providers | Grand C | Participants: 22

Presenter: Nancy Spargo, AM, LCSW, St. Louis Center for Family Development, LLC

Facilitator: Jennifer Shearin, Student, MU School of Social Work

Understanding the impact of trauma on parenting and the challenges created for providers is a requirement for successful interventions with children and youth. This presentation uses parallel processes to help guide client engagement and enhancing parent effectiveness while using a trauma lens. The four basic assumptions of trauma informed care and key principles inform the training.

Learning Objectives:

- Participants will be able to define trauma.
- Participants will be able to identify the potential impact of trauma on parenting.
- Participants will be able to identify priorities for enhancing parenting from a place of trauma.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Handheld microphone, Laptop Audio, flipchart and markers

Helping People Move Through Individual Stages of Change Regarding Employment | Mills 3 | Participants: 25

Presenter: David Lynde, MSW, Mental Health Services Consultant

Facilitator: Bianca Farr, Missouri Department of Mental Health

This session will provide an overview of the individual stages of change model related to people with a mental illness who have employment as one of their recovery goals. This session will explore ways to assess where people are in the stages of change related to employment and provide some effective strategies and ideas related to each stage of change.

Learning Objectives:

- Participants will be able to provide an overview of the philosophy of stages of change.
- Participants will identify at least two stage-wise services in helping people to obtain employment.
- Participants will be able to describe the basic concepts of at least two stages of change regarding employment goals.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, flipchart and markers



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

Clubhouse Model: Club House Provider Panel | Mills 7 | Participants: 12

Presenters: Jean Mazzuca and Stacey McCanless, Crider Health Center; and Maggie Payne, Friends in Action Clubhouse, Chris Hambel, Independence Center

Facilitator: Jennifer Higginbotham, Independence Center

Effectiveness of the clubhouse model of psych-social rehabilitation will be shared through the voices of lived experience. Be inspired as members from each of the five clubhouse international accredited clubhouses in Missouri share stories of meaningful relationships, going to work and earning a pay check, returning to school to complete a class or degree, moving into one's first apartment, and losing weight or quitting smoking with the support of a clubhouse community.

Learning Objectives:

- Learn how the values of the clubhouse model impact recovery.
- Learn how the restorative environment of a clubhouse community helps one achieve individual success.
- Share successful outcomes of utilizing the clubhouse model such as reducing isolation and decreasing hospitalization.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector

Navigating The ACA – Human Resources | Mills 8 | Participants: 6

Presenter: Randy Lueckenotte, Wallstreet Group

Facilitator: Brent McGinty, Missouri Coalition for Community Behavioral Healthcare

This workshop will provide a 2016 Affordable Care Act (ACA) update regarding the employer reporting and compliance rules, along with an overview of the employee benefit programs, services and savings available through CHEBA.

Learning Objectives:

- Provide an overview of 2015 successes and failures of the employer reporting requirements of the ACA law.
- Educate employers on 2016 ACA compliance.
- Provide an understanding of benefits available to employers and employees of members of the CHEBA Group Purchasing Program.

Audience: Clinical Management, Executive Management, Human Resources

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Laptop Audio



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

Up In Smoke: What's Happening With Vaping, Weed And Synthetic Drugs? | Grand A | Participants: 53

Presenter: Martha Thompson, PsyD, LPC, CAADC, Empower the Mind LLC

Facilitator: Kristin Glick, Student, MU School of Social Work

There are many hidden issues in the alternative smoking world. An increasing number of young people today are choosing vaping or e-cigs over traditional tobacco because they believe there are less health risks, thus the confusion and controversy. Medical marijuana advocates have even encouraged the use of vaporizers instead of smoking, stating vaping reduces carcinogens exposure. Synthetic and other drugs may be added to the e-liquid, hiding the substance from law enforcement, parents and friends. This training will cover terminology, trends, health risks and statistics related to the alternative smoking, vaping and e-cig culture and will update the audience on synthetic drugs and marijuana today.

Learning Objectives:

- Participants will be able to discuss the pros and cons of vaping/e-cigs vs traditional smoking of both cigarettes and marijuana.
- Participants will be able to identify several health risks associated with vaping and e-cig use.
- Participants will develop an increased understanding of the underground world related to vaping, synthetics, marijuana and other related drug trends today.

Audience: Addiction Prevention, Addiction Clinical, Mental Health Clinical, Clinical Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Handheld microphone, Laptop Audio

Strategies to Assist Employees in Obtaining CADC/CRSS Certification | Mills 1 | Participants: 4

Presenter: Samantha Handley, LCPC, CSADC, Trilogy, Inc.

Facilitator: Unknown at this time

In a world where co-occurring disorders is the norm, it is essential that mental health workers have a strong foundation in substance abuse treatment and peer services. Attend this workshop and learn how Trilogy, a behavioral healthcare organization located in Chicago, has taken steps to develop its workforce and assist employees in obtaining and maintaining CADC and CRSS certifications.

Learning Objectives:

- Attendees will be introduced to the training and CEU's that Trilogy offers its employees to help them obtain and maintain certification with the IAODAPCA/ICB.
- Gain a better understanding of how to apply for CEU's through IAODAPCA/ICB.
- Gain a better understanding of the CRSS/CADC application process and requirements for certification.
- Attendees will be better able to support their employees in obtaining and maintaining certification.

Audience: Addiction Clinical, Mental Health Clinical, Human Resources

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Laptop Audio, flipchart and markers

BREAK (15 min.) | Visit Exhibitors



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

3:15 p.m. – 4:30 p.m. | SESSION 3 WORKSHOPS

Living With a Chronic Disease | Grand B | Participants: 64

Presenter: Pat Nemec, PsyD, CRC, CPRP, Psychiatric Rehabilitation Trainer and Consultant

Facilitator: Morgan Jones, Student, MU School of Social Work

People with psychiatric disabilities experience overall poor health, and many live with a chronic disease. Chronic diseases are of increasing concern in the general population as well, as the availability and effectiveness increases for treatments for many infectious diseases and short-term conditions. This presentation also will describe the experience of living with chronic disease and will provide tips and resources for prevention, coping, and illness management.

Learning Objectives:

- Explain the impact of the diagnosis of a long-term illness.
- Describe the trajectory of acceptance and management.
- List strategies for managing a chronic disease.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Handheld microphone

The Bad Kids Documentary Q&A | Gateway East | Participants: 25

Presenter: Vonda Viland, Black Rock High School (CA) Principal

Facilitator: Allyson Ashley, Burrell Behavioral Health

The Bad Kids is an observational documentary that chronicles one extraordinary principal's mission to realize the potential of these students whom the system has deemed lost causes. Employing a verité approach during a year at the school, our film follows Principal Vonda Viland as she coaches three at-risk teens—a new father who can't support his family, a young woman grappling with sexual abuse, and an angry young man from an unstable home—through the traumas and obstacles that rob them of their spirit and threaten their goal of a high school diploma. Principal Viland will take questions from the audience following the showing of the film during the previous workshop sessions.

Learning Objectives:

- Participants will learn how trauma impacts learning.
- Participants will hear about strategies to engage schools within their communities to address the issue of trauma and learning.
- Participants will hear about how the staff at Blackrock deal with compassion fatigue.

Audience: All

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Handheld microphone, Laptop Audio



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

Family Dynamics | Parkview | Participants: 20

Presenter: Benjamin Boone, Author

Facilitator: Marince Willis, Intern, Missouri Coalition for Community Behavioral Healthcare

This is a compelling presentation that focuses on the problems of college and faculty and family being unaware of students emerging psychosis and methods of communicating with counseling services in colleges. It incorporates family dynamics and the importance of environment; people and experiences in the outcome of first break illness. Psychosis 101 gives students and family education on the ability to cope with their minds that may have become isolated-- as well as where to seek mental health screening and early intervention.

Learning Objectives:

- New ways to approach a loved one after a hospitalization, ways to reconstruct loved ones lives and those of their families.
- Ways parents can approach themselves and their own roles in treating their loved one and themselves.
- Places loved ones can seek support.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Handheld microphone

Dentistry's Role in Opioid Use and Abuse | Mills 9 | Participants: 8

Presenter: William Kane, DDS, MBA, Missouri Dental Association/Well Being Foundation and Rebecca Mowen, MSW, Missouri Dental Association

Facilitator: Cindy Davis, Missouri Coalition for Community Behavioral Healthcare

Addictive diseases are common in all walks of life, and are no respecter of educational, financial, or social status. Addictive diseases do occur in health care professionals and it is the same disease, however health care professionals' addictive diseases are uniquely different. It has been suggested that addictive diseases in health care professionals actually have a higher prevalence than the general population. This presentation will address the factors that make addiction in health care providers different and address the issue of prevalence.

Learning Objectives:

- Overview of addiction/addictive diseases.
- The ways addictive diseases may differ in health care professionals.
- Understand the actual prevalence of addictive diseases in health care professionals.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Laptop Audio



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

Listening Session on Toxic Stress/Trauma and Racial Equity | Mills 6 | Participants: 38

Presenters: Khatib Waheed and Joe Yancey, Places for People; Dr. Vetta Sanders Thompson, Washington Univ. St. Louis
Facilitator: Unknown at this time

Participants will hear a brief presentation focused on the impact of toxic stress and trauma on health and wellbeing, how the concept of racial equity impacts toxic stress/trauma and practical steps to mitigate the impact of toxic stress/trauma. Participants will then pause, reflect and have an individual conversation with another participant regarding the subject matter in a listening session format. The St. Louis north city and county resilience coalition have provided these listening sessions to community groups, churches, schools and other audiences over the past eighteen months.

Learning Objectives:

- Participants will develop an understanding of the impact of toxic stress/trauma on health and wellbeing.
- Participants will develop an understanding of how toxic stress/trauma can have a devastating impact on the health and wellbeing of subsets of our population due to issues of racial equity.
- Participants will have an opportunity to pause, reflect and share their thoughts with another participant through participation in listening session dyads.

Audience: All

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, flipchart and markers

DBT for Co-Occurring Populations – Adult And Teen | Grand C | Participants: 44

Presenter: Joshua Allison, Licensed Professional Counselor; and Carla Wolf, PLPC, MS, RASAC II, Ozark Center New Directions

Facilitator: Jennifer Shearin, Student, MU School of Social Work

This session will focus on effectively utilizing Dialectical Behavioral Therapy (DBT) protocols to treat co-occurring populations in community health settings. Special attention will be given to efficacy of implementing DBT protocols with co-occurring populations, brief DBT skill overview, and case studies from our program.

Learning Objectives:

- Increase professional awareness and efficacy for dialectical behavioral therapy groups.
- Identify treatment benefits for clients with co-occurring disorders.
- Minimize perceived barriers in starting DBT based skill groups for co-occurring treatment programs.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Handheld microphone, Laptop Audio, flipchart and markers



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

Organizational Stages of Change Regarding Providing Employment Services | Mills 3 | Participants: 24

Presenter: David Lynde, MSW, Mental Health Services Consultant

Facilitator: Bianca Farr, Missouri Department of Mental Health

Just like individuals who are working on their recovery process, many organizations are working on providing more recovery-oriented services. This session will provide participants with information about organizational stages of change related to providing employment services and effective strategies to help organizations implement employment services.

Learning Objectives:

- Participants will be able to describe how the stages of change model relate to organizational change.
- Participants will identify at least two effective leadership strategies based on the organizational stages of change.
- Participants will be able to identify and describe at least two of the organizational stages of change in implementing employment services.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management, Executive Management, Human Resources

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, flipchart and markers

Site Visit: Independence Center Clubhouse | Participants: 7

Facilitator: Jennifer Higginbotham, Independence Center

A bus/van will take participants from the conference to The Independence Center to do a site visit of their Clubhouse. The bus/van will bring participants back to the conference after the site visit is over.

Audience: All

Stigma of Medication Assisted Treatment and Recovery | Mills 8 | Participants: 26

Presenter: Jeffrey Quamme, CAC, CCDP, MATS, CARC, Connecticut Certification Board

Facilitator: Unknown at this time

This workshop will familiarize those not currently working in Medication Assisted Treatment (MAT) environments with the history, efficacy, myths and stigma associated with the use of MAT to support recovery from opioid use disorders, as well as discuss ways to effectively combat this stigma and misinformation.

Learning Objectives:

- Understand the history of medication assisted treatment for opioid use disorders.
- Identify myths associated with agonist and partial agonist therapy for opioid use disorders.
- Describe the effectiveness of MAT for opioid use disorders.
- Discuss strategies to combat stigma of MAT.

Audience: Addiction Clinical, Mental Health Clinical

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Laptop Audio



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

Population Health Unfolding in New Systems of Care and Healthcare Financing | Grand A | Participants: 23

Presenter: Ellise Hayden, Advocates for Human Potential, Inc.

Facilitator: Unknown at this time

The ACA continues to propagate new models at break-neck speed. 2015 and 2016 have seen Medicaid Delivery System Reform Incentive Payment Programs (DSRIP), Organized Delivery Systems (ODS), Next Generation Accountable Care Organizations (ACOs), Certified Community Behavioral Health Clinics (CCBHCs), Accountable Health Communities (AHCs), and the Comprehensive Primary Care Plus (CPC+) models. These models focus efforts on population health, amasses funding, upends business rules, and introduces providers to collaboration and value-based reimbursement business models on a scale never before seen. To participate in population health management models such as these, behavioral health providers must be prepared to enhance their infrastructure, expand their clinical and social service programs, and partner with medical providers in their community. This session will focus on the mechanics of population health management, enabling administrative and operations leaders within your organization to develop a critical path toward the vision of becoming integral partners in collaborative models of population health management.

Learning Objectives:

- Participants will learn about the DSRIP, ODS, ACO, CCBHC, AHC and CPC+ focus on population health.
- Participants will learn about the fundamentals of population health from a behavioral health perspective.
- Participants will learn about implications of population health for business planning, infrastructure development and marketplace positioning.

Audience: All

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Handheld microphone, Laptop Audio

Working with MCOS and Using HEDIS Performance Measures to Improve Quality Outcomes | Mills 1 | Participants: 8

Presenter: Marvin C. Guynes, MS, LPC and John M. Sellers, LCSW, Blue Cross/Blue Shield Illinois

Facilitator: Unknown at this time

Managed Care Organizations (MCOs) have been part of the Illinois landscape for over five (5) years. This workshop will provide information on the genesis of managed care and how to enhance collaboration efforts between Behavioral Health providers and MCOs within the framework of quality care. Healthcare Effectiveness Data and Information Set (HEDIS) Behavioral Health performance of care and service measures will be highlighted. It is imperative to understand what HEDIS is, from whence it comes, why it is important, and ways to coordinate care among behavioral and physical health providers and MCOs to improve integration and outcomes. This presentation will focus on performance measures, strategies for service access, utilization, and coordination opportunities.

Learning Objectives:

- Gain awareness and understanding of managed care and HEDIS performance measures.
- Facilitate discussion of how to increase collaboration with physical health providers and Managed Care Organizations.
- Identify opportunities for improved coordination with other behavioral health providers.

Audience: Clinical Management, Executive Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Laptop Audio, flipchart and markers



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

Day 2	
Friday, September 16	
7:00 a.m. – 9:30 a.m.	Conference Registration Open
7:30 a.m. – 8:30 a.m.	Continental Breakfast & Exhibitors Open
8:30 a.m. – 9:15 a.m.	<p>Keynote: Perspectives on Addiction from our Nation’s Capital: A dialogue with the CSAP and CSAT Directors Grand Ballroom</p> <p><i>Presenters: Kim Johnson, CSAT Director; and Gregory Goldstein, Deputy Director, CSAP</i></p> <p><i>Moderator: Becky Vaughn, National Council for Behavioral Health</i></p> <p><i>Facilitators: Sara Howe, Illinois Association for Behavioral Health</i></p> <p>Listen as leaders from SAMHSA’s two Centers for Substance Abuse Prevention and Treatment discuss current issues, challenges and opportunities in the field of addiction services. Our discussion, moderated by the National Council’s Vice-President for Addictions will discuss current proposals and explain how these changes would affect providers, consumers, family members, and other stakeholders. Audience members will learn what we can do as advocates to help influence sound policy decisions? Can we agree on changes that are a priority for our field? Join the discussion to learn about the year ahead and how today’s proposals could impact tomorrow’s delivery of services.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> • Audience will learn current issues, challenges and opportunities facing our leaders. • Audience will learn ways to prepare for the changes coming in the future. • Audience members will learn what we can do as advocates to help influence sound policy decisions.
BREAK (15 MIN.) Visit Exhibitors	
8:30 a.m. – 4:00 p.m. 2016 COMMUNITY BEHAVIORAL HEALTH PHYSICIAN INSTITUTE PARKVIEW	



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

9:30 a.m. – 10:45 a.m. | SESSION 1 WORKSHOPS

Smoking Cessation in Community Mental Health Centers: Patient and Provider Perspectives | Mills 9 | Participants: 24

Presenter: Li-Shiun Chen, BJC Behavioral Health

Facilitator: Kristin Glick, Student, MU School of Social Work

Patients with severe mental illness (SMI) have a three-fold higher smoking rate (60% vs. 20%), compared to the general population, so BJC Behavioral Health has initiated a successful multi-clinic quality improvement project to reduce cigarette smoking since 2014. There is an unmet need for healthcare service for patients with SMI. While 44% of smokers reported a desire to receive pharmacotherapy for smoking cessation, only 13% reported currently receiving it. Providers' assumption of low patient interest in treatment may account for the low rate of smoking cessation treatment - while 82% of smokers reported wanting to quit or reduce smoking, 91% of psychiatrists and 84% of case workers reported that patients were not interested in quitting as the lead barrier, limiting the provision of cessation interventions. To address the barrier and improve smoking cessation treatments, we implemented an organizational intervention, a waiting room smoking assessment, and observed a significant increase in smoking cessation medications prescribed by psychiatrists.

Learning Objectives:

- The audience will learn the real-world problem of high smoking rates among patients in community mental health centers, and the perspectives from both providers and patients on smoking cessation treatments.
- The audience will gain knowledge on the unique challenges and advantages of a multi-disciplinary team work (clinic leadership, health information specialists, psychiatrists, pharmacists, tobacco treatment specialists, and case management teams) in reducing smoking in SMI patients.
- The audience will be actively engaged to share their knowledge and experience in assessing and providing smoking cessation treatments. They will be provided with clinical case examples on helping smokers in various phases of smoking cessation ranging from lack of motivation to quit to relapse prevention.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, laptop audio, wifi connection

Free Your Breath, Free Your Mind: A Yogi's Journey to Mental Wellness | Grand A | Participants: 29

Presenter: Susan Estes, Depression and Bipolar Support Alliance Greater KC-Northland

Facilitator: Kim Yeagle, Missouri Coalition for Community Behavioral Healthcare

Each participant will leave with a basic yoga sequence that they will be able to practice at home, sitting at work in a chair or share with a peer. Participants will learn a variety of Yoga asana's (poses) and breathing techniques that have been proven scientifically to address depression, trauma, sleeplessness and anxiety. Participants will be introduced to breath awareness which relaxes muscles and organs, calms the nervous system and centers the mind.

Learning Objectives:

- Participant will leave with a basic understanding of yoga.
- Participants will learn breathing treatments to help deal address depression, trauma, sleeplessness and anxiety.
- Participants will understand the importance of yoga and breathing to relax and calm the mind in stressful situations.

Audience: All

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Handheld microphone, laptop audio, flipchart and markers



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

Care: Enough to Follow-up – Best Practices from Asthma to #zerosuicide | Grand B | Participants: 35

Presenter: Bart Andrews, PhD, Behavioral Health Response

Facilitator: Christine Patterson, PhD, Missouri Coalition for Community Behavioral Healthcare

Telephonic follow-up care is listed as one of the best practices as part of the #zerosuicide initiative. It started with caring letters almost 40 years ago, but new evidence suggests that this simple intervention is a huge benefit to our clients and providers. Research indicates that client attrition and treatment engagement are key factors in treatment efficacy. Coordinated follow-up efforts provide clients the support and care to engage an increasingly complicated provider landscape. Follow-up ends the cycle of blaming clients for poor engagement and follow-through and provides a simple tool to improve outcomes and the client experience. BHR started providing a follow-up service in 2010 with the support of a small federal grant is now providing follow-up care to thousands of crisis callers a year.

Learning Objectives:

- Review evidence supporting the efficacy in follow-up services across a wide variety of mental health and medical health concerns.
- Discover impact of follow-up care and how one center transformed its entire approach to crisis intervention services.
- Examine outcome evidence from a Missouri follow-up program, including customer satisfaction and qualitative reviews of follow-up service.
- Explore how to add follow-up services to your agency's service system.

Audience: All

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Handheld microphone

Learning the Ropes: Helping Identify Networks of Support | Mills 6 | Participants: 19

Presenter: Mark McDonald, ASCENT Recovery Residence

Facilitator: Rachelle Glavin, Missouri Coalition for Community Behavioral Healthcare

This session will address the challenges clinicians face when helping consumers identify what they value, how to value them and the deficits our consumers identify and value. As clinicians, we often take those valued deficiencies without a replacement. This session will address how to develop and build the network of disorders and the network of supports for our consumers.

Learning Objectives:

- Identify the networks of co-occurring disorders.
- Identify the network of support.
- Learn how to identify the difference in the things we and our consumers' value.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, flipchart and markers



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

Changing Programs Means Changing People | Grand B | Participants: 32

Presenter: Pat Nemec, PsyD, CRC, CPRP, Psychiatric Rehabilitation Trainer and Consultant

Facilitator: Marnice Willis, Intern, Missouri Coalition for Community Behavioral Healthcare

As knowledge develops, behavioral health services must change. Changing services is more than sharing a new vision or redesigning program structure; it requires changing practice. Leadership provides inspiration and guidance, technical assistance explains new requirements and procedures, but getting providers to change what they do on a daily basis is not easy. This workshop will explore three types of training: didactic teaching to develop knowledge, competency-based training to develop skills, and transformative instruction to influence attitudes, assumptions, and beliefs.

Learning Objectives:

- Describe the differences in instructional techniques for developing knowledge, skills, and attitudes.
- Evaluate in-house workforce development activities to determine whether the approaches used are likely to achieve the desired outcomes.
- Identify one area where a change in workforce development strategy could result in improved practice.

Audience: All

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Handheld microphone

Mental Health Care in Missouri Department of Corrections | Mills 3 | Participants: 37

Presenter: Scott O'Kelley, Missouri Department of Corrections

Facilitator: Cindy Davis, Missouri Coalition for Community Behavioral Healthcare

This session will provide historical context for correctional mental health, including recent trends and developments; describe the overall mental health system in MO DOC, including staffing, timelines and caseload; discuss difficulties inherent in mental health treatment in a correctional setting; and reentry and discharge planning issues upon release.

Learning Objectives:

- Learn historical and cultural impacts of mental health treatment with incarcerated populations.
- Gain an understanding of mental health services within MO DOC.
- Learn about re-entry and continuity of care efforts for offenders returning to the community.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, laptop audio

The Positive Impact of Employment and Financial Stability | Gateway East | Participants: 22

Presenter: Michael Roush, MA, National Disability Institute

Facilitator: Bianca Farr, Missouri Department of Mental Health

Studies show that employment and financial stability have a positive impact for individuals in the recovery and resiliency process. This session will provide a framework on why employment and financial stability are important, define key financial stability and employment terms, and highlight research that is available to make the case.

Learning Objectives:

- Understand the positive impact of employment and our psycho social needs.
- Define key financial stability and employment terms.
- Identify research available.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management, Human Resources

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Handheld microphone, flipchart and markers



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

Confidentiality for Behavioral Health Patients | Mills 1 | Participants: 24

Presenters: Gerald "Jud" E. DeLoss, JD, Clark Hill PLC and Jennifer Lohse, Hazelden Betty Ford Center

Facilitator: Danielle Pevehouse, Student, MU School of Social Work

The presenters will provide background and substantive comments on the laws governing the privacy of information for a variety of patients, including those suffering from mental health and substance use disorders (SUD). Fact situations will also provide the opportunity to discuss legal issues facing individual providers that exist by virtue of 42 CFR Part 2, state-level mental health confidentiality provisions, and HIPAA. 42 CFR Part 2 is undergoing review and modification pursuant to a Notice of Proposed Rulemaking that would allow for greater exchange of SUD treatment information. In addition, several legislative changes have been proposed in Congress to address 42 CFR Part 2 in the context of sharing of substance abuse treatment information in ACOs, Health Information Exchanges, and integrated care delivery systems. This session will highlight the revisions that have been enacted or promulgated or provide a summary of current trends if these legislative and/or regulatory changes have not yet been finalized. The co-presenters will respond to the situations with best practices, ranges of options and thoughts on what the future holds for confidentiality and behavioral health.

Learning Objectives:

- Understanding of the complex and sometimes conflicting confidentiality laws and regulations governing behavioral health.
- Provide an update of current status of proposed revisions.
- Case studies will provide a real world experience for attendees on how to address privacy issues for behavioral health patients.
- Thoughts on the future of behavioral health information confidentiality will be offered by two national behavioral health legal counsels.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management, Executive Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

Good Data, Good Outcomes, Good Practice and Partnerships | Mills 8 | Participants: 27

Presenter: Susan Pickett, PhD, Advocates for Human Potential, Inc.

Facilitator: Unknown at this time

All programs collect data, and all data tell a story. What does YOUR program data say about your services and client outcomes? In today's competitive environment, potential partners and payers want concrete evidence that programs "work". Program providers also want feedback on how their services are—or are not—working to guide clinical practice. In this workshop, we'll show you how to collect the good, high-quality data needed to document your program's treatment outcomes, and how to use those outcomes to promote good practice and partnerships. Discussion topics in this interactive workshop include: how to choose the right performance metrics for your program; data collection and monitoring tips; how to use your outcomes to improve your services; and how to package your outcomes to enhance collaborations.

Learning Objectives:

- Workshop participants will be able to identify performance metrics that are more relevant to their program.
- Workshop participants will know the difference between "good" and "bad" data, and how to avoid collecting "bad" data.
- Workshop participants will learn how to use outcomes to guide and improve clinical practice.
- Workshop participants will learn strategies for using "good" outcomes to promote partnerships with other provider organizations.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management, Executive Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, laptop audio

Illinois Family Resource Center: Supporting Family Involvement in Treatment | Mills 7 | Participants: 7

Presenter: Nancy Phillips, MS, ICAADC, Central East Alcoholism & Drug Council

Facilitator: Unknown at this time

The history of family engagement in treatment services is an ongoing struggle. The workshop will share the information that confirms the importance of family participation in substance use disorder treatment. Participants will discuss the research addressing family systems and the perceived resistance by families to take part in treatment for a loved one. The workshop will be an opportunity for participants to examine how counselor attitudes, behaviors, and beliefs may influence the clinical success in the delivery of family services. Through sharing "lessons learned", participants will generate strategies to reinforce their commitment for family focused services.

Learning Objectives:

- Learn about the Family Resource Center.
- Discuss the research addressing family systems and family focused services.
- Explore personal attitudes, behaviors, and beliefs that influence success in the delivery of family services.
- Share experiences and "lessons Learned".
- Generate strategies to reinforce personal commitment to family services.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, laptop audio, flipchart and markers

BREAK (15 min.) | Visit Exhibitors



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

11:00 a.m. – 12:15 p.m. | SESSION 2 WORKSHOPS

Communication Access: How the New Affordable Care Act requirements build on ADA and Title VI Requirements | Mills 9 | Participants: 10

*Presenters: David Kingsbury, MO Department of Mental Health; Laura Shapiro, MSW, ACSW, LCSW, BJC Behavioral Health
Facilitator: Marnice Willis, Intern, Missouri Coalition for Community Behavioral Healthcare*

All agencies have clients that have different cultures and speak other languages. Many mental health providers need to comply with the new standards for communication access in Section 1557 of the Patient Protection and Affordable Care Act, including notification requirements that must be implemented by October 16, 2016. Section 1557 expands on the requirements of Titles II and III of the Americans with Disabilities Act and Title VI of the Civil Rights Act. Learn how these three Federal laws interact and what steps you need to take to ensure compliance. Also covered are DMH's standards for communication access and how DMH supports providers in ensuring appropriate communication access.

Learning Objectives:

- Understand and be able to apply the Americans with Disabilities Act requirements for communication access, including the "equal access" standard.
- Understand and be able to apply Civil Rights Act, Title VI requirements for communication access, including the "meaningful access" standard.
- Understand and be prepared to implement the new communication access and notification requirements of the Affordable Care Act, Section 1557.
- Recognize where DMH has higher or more specific standards for communication access than Federal laws and how DMH can support providers in ensuring appropriate communication access.
- Identify 4 ways to communicate with clients of other languages.

Audience: All

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, laptop audio, wifi connection

Clinician Heal Thyself: Self-Care in the Workplace | Grand A | Participants: 45

Presenter: Angela Tate, Behavioral Health Response

Facilitator: Unknown at this time

Physician Heal Thyself is a workshop that will focus on topics related to self-care and its importance in the workplace. Clinicians who are daily providing care to those most vulnerable also benefit from having care themselves. We will explore the topic of providers with lived experience and how their experiences can and do benefit all employees. We will also consider the employer's role in promoting a culture of self-care using BHR as an example.

Learning Objectives:

- Define self-care and explore examples of self-care.
- Describe the benefits of a workforce engaged in effective self-care.
- Explore impact of lived experience in the workplace.
- Explore employer's role in promoting a culture of self-care.

Audience: All

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Handheld microphone, laptop audio, flipchart and markers



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

Quality of Care: Importance of Early Intervention | Grand B | Participants: 41

Presenter: Benjamin Boone, Author

Facilitator: Danielle Pevehouse, Student, MU School of Social Work

Early intervention for youth and college students can be incorporated by the use of screening to detect emerging symptoms—the big idea is making this screening a prerequisite for continuing studies to calculate the current mental state of the student in a measurable way with analysis of this data.

Learning Objectives:

- Families response to mental health concerns and first break psychosis—signs of an emerging disorder—ways to approach a loved one after a hospitalization and diagnosis.
- Communication between mental health consumers and professional caregivers.
- Ways those in college can detect emerging signs of mental health disturbances, ways to approach students.

Audience: All

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Handheld microphone

Medication Assisted Recovery | Mills 6 | Participants: 32

Presenter: Mark McDonald, ASCENT Recovery Residence

Facilitator: Rachelle Glavin, Missouri Coalition for Community Behavioral Healthcare

This presentation is informational to increase awareness of the benefits of utilizing medication to increase the chance to sustain ongoing recovery. We will look at how substance use disorders are a brain disease, how substances interact with the brain, and review medications that are approved to address different challenges.

Learning Objectives:

- Discuss the concept of “addiction as a brain disease”.
- Show how substances interact with the brain.
- Provide information about all FDA approved medications in the field of substance use disorders.
- Discuss how MAR fits into an overall recovery system.

Audience: Addiction Clinical, Mental Health Clinical

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, flipchart and markers



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

Aligning Systems of Care - From Crisis Detox to Inpatient to Outpatient Treatment | Grand C | Participants: 18

Presenters: Christopher Gleason and Craig Stallings, Rosecrance Health Network, Anne Fridh, PhD, Rosecrance Health Network

Facilitator: Samantha Huff, Student, MU School of Social Work

Participants in this session will gain a clear understanding of the impact of co-occurring disorders as well as learning models for treatment. The session will begin with the description of providing detoxification services within a psychiatric crisis center along with the use of the Illness Management & Recovery, Dialectical Behavior Therapy, and the Co-occurring Disorder Program. Individuals served in this program complete detoxification from substances and are concurrently provided care for psychiatric crisis. Participants will then follow clients served through a specialized inpatient substance use program specifically for individuals diagnosed with a co-occurring substance use and mental health disorder where they receive on-going treatment using the Co-occurring Disorder Program. Finally, follow the clients through intensive outpatient services where adults participate in Integrated Dual Disorder Program and adolescents participate in Integrated Co-occurring Treatment.

Learning Objectives:

- Describe ways to treat individuals with a co-occurring disorder from detox, inpatient and outpatient services.
- Understand obstacles that get in the way of treatment effectiveness.
- Demonstrate methods for constructing an effective program.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Handheld microphone

Prevalence and Treatment of Trauma and Posttraumatic Stress of Substance Use Offenders | Mills 3 | Participants: 33

Presenters: Lily Gleicher, Illinois Criminal Justice Information Authority, Wm. Dustin Cantrell, PhD, WestCare Foundation

Facilitator: Jennifer Shearin, Student, MU School of Social Work

This presentation features results of drug use and trauma surveys of a sample of over 1,000 men and women incarcerated in Illinois jails and prisons. Results of large-scale treatment and self-report drug use data and their relationship with trauma life event exposure and PTSD measures will be reported. Recommendations for trauma-informed substance abuse treatment will be discussed, with a particular focus on criminal justice populations.

Learning Objectives:

- Participants will understand DSM-V criteria for PTSD, risk factors, symptoms, and prevalence.
- Participants will understand the intersection between trauma, posttraumatic stress, and substance abuse.
- Participants will assess different trauma measurement tools including Life Events Checklist and the PCL, Posttraumatic Stress Disorder Checklist-Civilian.
- Participants will compare trauma and drug use among different populations.
- Participants will learn about trauma-informed care and practices to use with clients.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, laptop audio



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

Five Strategies to Assist Individuals Move to a Life of Work, Savings, and Asset Development | Gateway East | Participants: 28

Presenter: Michael Roush, MA, National Disability Institute

Facilitator: Bianca Farr, Missouri Department of Mental Health

This interactive session will provide an overview of how financial stability strategies can enhance employment outcomes; provide greater educational attainment, and long-term planning for individuals. Participants will learn five proven strategies that include the use of benefits planning and work supports, integrated employment, free tax preparation, financial education, savings and asset development. Presenter will demonstrate how these strategies can assist in eliminating employment barriers.

Learning Objectives:

- Identify five key strategies to financial stability.
- Understand benefits planning and work supports, integrated employment, free tax preparation, financial education, savings and asset development.
- Understand how the five key strategies can assist with eliminating barriers to employment.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Handheld microphone, flipchart and markers

Substance Use, Recovery, and Housing: Working Together to Provide Support & Choice | Mills 1 | Participants: 10

Presenter: Becky Vaughn, National Council for Behavioral Health

Facilitator: Morgan Jones, Student, MU School of Social Work

More than ever, behavioral health systems are recognizing that safe and affordable housing in the community is a foundational component of recovery for people with substance use disorders (SUDs). The needs of individuals and families are as diverse as the population itself, necessitating a broad array of integrated housing and service options that maximize stability, choice and self-directed change across the life of the recovery process. Come hear about a national dialogue and report and join the discussion on strategies to improve housing programs and system changes necessary to support stability, health, and recovery.

Learning Objectives:

- Define housing models including housing-first and recovery-support designed to help those experiencing homelessness.
- Identify key challenges and barriers to creating integrated housing and service solutions.
- Develop policy recommendations and strategies to establish a state framework for housing solutions.

Audience: Addiction Clinical, Mental Health Clinical, Executive Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

Politics and Pills: How Opioids are Shaping Public Policy and Campaigns | Mills 8 | Participants: 21

Presenter: Andrew Kessler, JD, Slingshot Solutions

Facilitator: Misty Snodgrass, Missouri Coalition for Community Behavioral Healthcare

Opioid abuse has steadily received increased national attention in policy circles, to the point where in 2016 it has become a major issue in the presidential race and on Capitol Hill. Candidates from both parties have addressed the issue on the campaign trail and have offered their solutions, which vary from lip service to in-depth strategies for addressing the issue. It is imperative to be prepared for the November elections, as they will most certainly impact the future of prevention, treatment, and recovery policies – at both the budgetary and regulatory level. This workshop will examine the current political environment and why opioid abuse is a political issue, but also discuss how it is different- and surprisingly similar- to other health epidemics of the past and how they changed the course of politics.

Learning Objectives:

- Understand the impact of politics on health policy.
- Learn about candidates for office and their plans for advancing behavioral health.
- Learn about the advances made in behavioral health policy over the past year.

Audience: All

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, laptop audio

Substance Use Prevention and Health Systems Reform | Mills 7 | Participants: 7

Presenter: Kym Laube, HUGS, Inc. and Robert A. Kent, New York State Office of Alcoholism and Substance Abuse Services

Facilitator: Unknown at this time

This workshop will discuss opportunities for prevention programs to promote their services in a dynamic, evolving health care delivery system. Topics include emerging opportunities in Medicaid and commercial insurance arenas, driven by reforms in federal and state law and policy and self-generated revenue potential through holistic health practices, workplace wellness initiatives and other best practices. Presenters will draw from their experience with New York's multi-year Prevention Agenda, as a plan for overall population health improvement and a national model for prevention policy. The New York Prevention Agenda focuses on five priority areas: 1. prevention of chronic disease, 2. promoting a safe and healthy environment, 3. promoting healthy women, infants and children, 4. promoting mental health and preventing substance abuse; and 5. preventing HIV, STDs, Vaccine Preventable Diseases and Healthcare Associated Infections.

Learning Objectives:

- Examine substance use prevention programs from a business perspective.
- Provide an overview of changes in law and policy in the health care system that provides opportunities in the prevention field.
- Discuss the challenges that prevention providers face in an evolving and dynamic system.
- Explore how one state's prevention agenda aligns with the state's overall delivery system reform goals of improving population health, transforming health care delivery and eliminating health disparities.

Audience: Addiction Prevention, Executive Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, laptop audio, flipchart and markers

12:30 p.m. – 12:45 p.m.

LUNCH



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

12:45 p.m. – 1:30 p.m.	<p>Lunch Keynote: Destigmatizing Mental Health Disorders: A Son’s Tribute Grand Ballroom <i>Presenter: Sean Astin, Actor/Mental Health Champion</i> <i>Facilitators: Brent McGinty, MO Coalition for Community Behavioral Healthcare</i></p> <p>The journey of self-discovery that bi-polar sufferers make can be filled with pain and darkness and also with joy and deep understanding. Sean Astin will discuss his Mother's odyssey with her mood disorder and as a powerful mental health advocate. Additionally, he will share his perspective on living with someone who has severe mental health challenges, "It is often that friends and family members of people living with mental health issues endure intense suffering themselves." He will share a lay persons perspective on some ideas that people might consider as they endeavor to build rich and fulfilling relationships with loved ones, colleagues and others in the mental health community.</p> <p>Learning objectives:</p> <ul style="list-style-type: none"> • Audience will learn ways to advocate for mental health awareness, bi-polar disorder, civic engagement and addiction. • Audience will learn approaches to reduce stigma. • Audience will develop a better understanding of the interaction of family in seeking treatment for mental health and addiction disorders
------------------------	--

BREAK (15 min.) | Visit Exhibitors

1:45 p.m. – 3:00 p.m. | SESSION 3 WORKSHOPS

<p>Approaching Alzheimer’s: Making Your First Response the Right Response Mills 3 Participants: 25 <i>Presenter: Stephanie Rohlfs-Young, Alzheimer’s Association, St. Louis Chapter</i> <i>Facilitator: Jami Obermann, Student, MU School of Social Work</i></p> <p>This advanced Alzheimer’s curricula has been created for experienced behavioral health staff to include the following:</p> <ul style="list-style-type: none"> • Recognizing stages and symptoms of Alzheimer’s and related family reactions from the field. • Discuss how to interact with people with dementia related to client safety and safe transportation. • Identify common behaviors for people with dementia, especially when frightened or threatened. • Learn how to reduce risk in crisis situations. • Discuss prevention of future crisis situations, including referrals to community agencies. <p>Learning Objectives:</p> <ul style="list-style-type: none"> • Describe stages and symptoms of Alzheimer’s and related dementias as well as appropriate treatment and interactions. • Identify common behaviors for people with dementia, especially when frightened or threatened. • Learn how to reduce risk in crisis situations, prevent future crisis situations and make referrals to community agencies. <p><i>Audience: All</i></p> <p>A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, laptop audio</p>



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

Using Social Impact Bonds to Address Shortages Among Addiction Professionals | Mills 9 | Participants: 10

Presenter: Jeff Zornitsky, MA, Advocates for Human Potential, Inc.

Facilitator: Marnice Willis, Intern, Missouri Coalition for Community Behavioral Healthcare

Most market indicators suggest that behavioral health labor shortages are impacting access to treatment services. Part of this problem is driven by significant increases in the demand for services as a result of Medicaid expansion, Mental Health Parity and Addiction Equity Act, and the inclusion of behavioral health services as an Essential Health Benefit. Another part of the shortfall is linked to the large number of behavioral health job vacancies and difficulties in filling them. This session will present an innovative approach to addressing the shortage and access problem—using Social Impact Bonds to finance the training and education of Medicaid recipients in behavioral health certificate and associates degree programs.

Learning Objectives:

- To understand how to measure and assess the scope of BH labor shortages in general, and in the U.S., Missouri, and Illinois, and their impact on access to services.
- To identify innovative approaches to addressing the BH labor shortage, including, but not limited to service integration and the use of Allied Behavioral Health Professionals, similar to that in the Dental and Physical Health sectors.
- To understand the requirements of Social Impact Bonds, their recent applications, and their utilization in training Allied Behavioral Health Professionals (examples to be provided).

Audience: Clinical Management, Executive Management, Human Resources

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, laptop audio, wifi connection

Becoming a Sheep Dog: Creating Awareness Around Worker and Client Safety | Grand B | Participants: 29

Presenters: Sgt. Jeremy Romo, Crisis Intervention Team Coordinator, St. Louis County Police Department; and Scott Bayliff, Places for People

Facilitator: Christine Patterson, PhD, Missouri Coalition for Community Behavioral Healthcare

Individuals attending this presentation will learn what occurs physically and psychologically when faced with a threat of one's safety. They will learn how to detect and respond to potential threats approaching a location, while interacting with clients and leaving a location. This is not self-defense training. The focus of this training is recognizing and removing yourself from dangerous situations before they escalate.

Learning Objectives:

- Describe what happens physically and psychologically to an individual when they encounter a situation that is potentially a threat to their safety.
- Describe potential threats to an individual's safety when working in the community with clients.
- List steps that can be taken to decrease the chance that an individual will find themselves in a situation that is a threat to their safety.

Audience: All

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Handheld microphone



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

Increasing Protective Factors | Mills 6 | Participants: 20

Presenter: Mark McDonald, ASCENT Recovery Residence

Facilitator: Rachelle Glavin, Missouri Coalition for Community Behavioral Healthcare

The purpose of this session is to assist in the changing of perceptions regarding assessment and diagnosis, how to encourage consumers to see the protective factors they have or need to develop, and to help clinicians look at responsivity and prognosis rather than all the stigmas attached to diagnosis.

Learning Objectives:

- Be able to identify and score protective factors.
- Learn ways to increase protective factors.
- Identify how protective factors build resiliency.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, flipchart and markers

MyStrength Integration: A Look at Best Practices and New Product Updates | Grand C | Participants: 42

Presenters: Chuck Tepper, MyStrength; Lisa Martin, MyStrength; and Vicky Mieseler, Ozark Center

Facilitator: Kim Yeagle, Missouri Coalition for Community Behavioral Healthcare

This session will highlight the Missouri Coalition myStrength implementation to date including user data and early outcomes. We will also share with you best practices around integration from a MO provider prospective. Lastly, myStrength will provide attendees with new product updates available to all current myStrength partners!

Learning Objectives:

- Obtain an understanding of the measurable outcomes and analytics collected thus far from the MO Coalition myStrength implementation.
- Understand best practices around the integration of myStrength within one's clinical care model from a provider prospective.
- Learn firsthand new myStrength product updates.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management, Executive Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Handheld microphone



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

Effective Collaborations to Incorporate MAT and Enhance the Continuity of Care for Corrections Involved Clients | Mills 7 | Participants: 6

Presenters: Stephen Doherty and Kim Feaman, MA, CRADC, MARS, Gateway Foundation

Facilitator: Unknown at this time

This presentation will provide an overview of the integration of medication assisted treatment (MAT) into the full continuum of in-custody substance use disorder treatment for offenders with alcohol or opioid dependence. Gateway Foundation is proud to be the first substance use disorder treatment provider to offer Medication Assisted Treatment (MAT) in a state correctional system that spans in-custody and post-release treatment. Together with the Missouri Department of Mental Health and the Missouri Department of Corrections, Gateway is able to offer a comprehensive treatment program which may include a monthly injection of Vivitrol® to opiate and/or alcohol dependent offenders. An overview of MAT, implementation, successes, challenges, lessons learned, steps toward expansion and preliminary evaluation outcomes will be included in this presentation.

Learning Objectives:

- Understand the importance of and how to establish and foster collaborative working relationships across multiple agencies, to implement effective treatment program enhancements.
- Learn details of the implementation of evidence based practices across a continuum of treatment from in-custody to the community.
- Identify how to evaluate the effectiveness of evidence based practice while also learning operational lessons along the way.

Audience: Addiction Clinical, Mental Health Clinical, Executive Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, laptop audio, flipchart and markers

Tools, Resources and Activities that Make a Real Economic Impact | Gateway East | Participants: 27

Presenter: Michael Roush, MA, National Disability Institute

Facilitator: Bianca Farr, Missouri Department of Mental Health

This interactive session will provide an overview of available tools, resources and activities that make a Real Economic Impact to assist in moving individuals to a life of work, savings and asset development. Attendees will receive tools including a financial well-being assessment, financial education curricula and learn how to incorporate these tools in to their existing programs. This session will also provide an overview of how vision boards help individuals achieve their employment and money goals. Attendees will have an opportunity to start their own vision board and learn steps on how to incorporate this activity in to their programs with clients.

Learning Objectives:

- Identify tools, resources and activities that make an impact.
- Identify opportunities to incorporate the tools, resources and activities in to the customer flow.
- Understand the impact of a vision board to assist individuals move towards a life of work, savings and asset development.

Audience: Addiction Clinical, Mental Health Clinical, Executive Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Handheld microphone, flipchart and markers



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

The Role of Housing in Wellness and Recovery | Mills 1 | Participants: 25

Presenter: James Marhold, D.BA Declarations, Inc.

Facilitator: Unknown at this time

Behavioral Health Authorities and Community Behavioral Health organizations are increasingly examining ways to meet the needs of individuals with mental illnesses and/or substance use disorders. Permanent Supportive Housing (PSH) is a cost effective, evidence based intervention that addresses the need among many individuals who require housing and community based support services. PSH is recognized as an evidence-based practice by the Substance Abuse and Mental Health Services Administration (SAMHSA). This workshop will discuss the core components of permanent supportive housing models including eh implementation of the Housing First Model.

Learning Objectives:

- Understand the role of the Supreme Court’s Olmstead Decision.
- Learn how housing is actually a clinical intervention.
- Learn how PSH models can be the most effective intervention for individuals with co-occurring disorders.

Audience: Addiction Clinical, Mental Health Clinical, Executive Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector

Gather Around the Fire: Storytelling for the Nonprofit Professional | Mills 8 | Participants: 10

Presenter: Dawn Crawford, BC/DC Ideas

Facilitator: Paula Stanley, Missouri Coalition for Community Behavioral Healthcare

Creating compelling communications is all about storytelling. It’s crafting a good story about your organization and gathering enough people around the fire to listen to you. In this session you’ll get tips on how to write and gather stories, learn about the components of a good nonprofit story, and collect the pieces you need for your story. Then you will get tips on how to create a “Surround Sound Approach” that reaches your audience on multiple marketing channels with a unified message. This coordinated approach is not only effective but also efficient as you can use one tactic over multiple platforms. Before you leave you will see examples of successful stories and get the tools to use this approach for your nonprofit organization. We will break it down so you can get the most use out of the content you develop and the good content you already have in the story bank!

Learning Objectives:

- Get tips on how to write and gather stories, learn about the components of a good nonprofit story, and collect the pieces you need for your story.
- Learn how to create a “Surround Sound Approach” that reaches your audience on multiple marketing channels with a unified message. This coordinated approach is not only effective but also efficient as you can use one tactic over multiple platforms.
- See examples of successful stories and get the tools to use this approach for your nonprofit organization.

Audience: All

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, laptop audio



AGENDA AT A GLANCE

Missouri Coalition for Community Behavioral Healthcare Illinois Association for Behavioral Health

September 13-16, 2016
Hyatt Regency
St. Louis, Missouri

Engaging Adolescents and Their Parents in Treatment Using Motivational Learning | Grand A | Participants: 45

Presenters: Catherine McNeilly, PsyD, and Evelyn Turner, MA, Adler University

Facilitator: Brittany Cleek, Student, MU School of Social Work

This workshop will describe how clinicians and programs can apply motivational interventions to increase engagement of adolescents and their parents in substance abuse treatment. Motivational interventions use adolescents' own energy and ability to change to motivate conversations about altering problem behavior and engaging with their families. Parents' intrinsic motivation to help their children will be addressed. The workshop will present strategies for responding to ambivalence and resistance and consolidating commitment to change. Both brief and longer term treatments will be described.

Learning Objectives:

- Identify basic skills needed to motivate adolescents and parents to engage in and remain in treatment.
- Understand and respond to challenges present in treating families with a child who abuses substances.
- Identify multiple risk factors present in these families in addiction to substance use.
- Translate theories of mental illness and family systems into practical treatment options.

Audience: Addiction Clinical, Mental Health Clinical, Clinical Management

A/V: Projector Screen, Projector Cart with hookups, Laptop, Projector, Handheld microphone, laptop audio, flipchart and markers

3:30 p.m.

Conference Adjourned; Exhibits Closed